

Appetisers...



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| Olives & Feta Cheese V | £3.95 | Garlic Bread with cheese V | £4.50 |
| Bread & Oils V | £3.95 | Garlic Bread with tomato V | £4.50 |
| Garlic Bread V | £3.95 | Garlic Bread half & half V | £4.50 |
| Tempura Cajun Green Beans V | £2.95 | Houmous & Pitta Bread V | £4.95 |

Starters...

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| Soup of the Day GF With a crusty roll | £4.25 | Garlic & Herb Goat's Cheese Salad Garnished with mild Roquito chilli peppers and balsamic pearls V GF | £6.95 |
| Fresh Crab Salad Celeriac & red apple coleslaw salad topped with fresh crab meat | £6.95 | Beef Satay Skewers Marinated fillet steak, chargrilled and served with a hot chilli & mango salsa | £7.95 |
| Homemade Pate GF Chicken liver pate with brandy & green peppercorns, toasted ciabatta & chutney | £6.95 | Baked Camembert Warm & melted, with red onion chutney & toasted ciabatta bread | £6.95 |
| Beef Tomato & Mozzarella Stack GF Succulent beef tomatoes layered with Mozzarella drizzled with a red onion & caper dressing | £5.75 | Tempura King Prawns In Tempura batter with sweet & sour ribbons | £7.95 |
| Smoked Salmon & Prawn Bruschetta GF With cream cheese | £7.95 | Stilton & Garlic Mushrooms Button mushrooms in a white wine & garlic sauce topped with crumbled Stilton | £5.95 |
| Spicy Lamb Kofta Served with yoghurt & mint dip and toasted pitta bread | £6.95 | Fish Platter Tempura King prawn & lemon mayo, smoked haddock fishcake, crab & Celeriac salad and toasted ciabatta | £8.95 |
| Homemade Haddock & Gruyere Fish Cakes Served with lemon & honey mayo | £7.25 | Meat Platter Beef satay & lamb kofta, Parma ham, Bresaola beef and Salami. With toasted ciabatta & hot chili salsa | £8.95 |

Choose a salad as a starter from our fresh salads section from £6.95

retreat Salads...

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| Garlic & Herb Goat's Cheese Salad Small £6.95 Large £10.95 GF V Mild Roquito chilli peppers & balsamic pearls on a mixed salad | Grilled Chicken & Avocado Salad Small £7.95 Large £11.95 GF With fresh mango & avocado, topped with a mango dressing |
| Chicken Caesar Salad Small £7.95 Large £11.95 Cos lettuce, parmesan shavings, soft boiled egg, croutons, anchovies & Caesar dressing | Tempura Spiced Prawn Salad Small £7.95 Large £11.95 King prawns with a lemon mayo dressing |
| Greek Pasta Salad GF V Small £6.95 Large £10.95 Farfelle pasta with garlic, olives, red onion & feta cheese on a mixed salad | Tuna Nicoise Salad Small £7.95 Large £11.95 GF Tuna loin with anchovies, olives, croutons, green beans and a soft boiled egg |
| Steak & Red Onion Salad Small £8.95 Large £13.95 GF Fillet steak with sauteed red onions | Chicken & Bacon Salad Small £7.95 Large £11.95 GF Grilled chicken and crispy smoked bacon, soft boiled egg and mixed salad, topped with croutons |
| Sesame & Ginger Salmon Small £8.50 Large £12.95 Marinated salmon fillet with honey spring onions, balsamic, garlic & ginger. contains sesame seeds | |

Chargrilled Steaks & Main Course Dishes...

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| 8oz Sirloin Steak | £19.50 GF |
| 10oz Fillet Steak | £27.50 GF |
| 7oz Fillet Steak | £21.50 GF |
| 16oz on the bone Tomahawk Ribeye | £28.95 GF |

All steaks are served with our thick jenga chips or skinny fries,
roasted cherry tomatoes and grilled field mushroom.

Add a sauce to your steak for £2.95

Choose from Peppercorn, Bearnaise or red wine
or try chilli butter (£1.25) or tomato, onion & garlic tapenade (£1.95)

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| Slow Roasted Lamb Rump | £15.95 GF |
| Chilli, Lime & Ginger Marinated Chicken Supreme | £14.95 GF |
| Lamb Rosettes | £16.95 GF |
| Duck Breast | £15.95 GF |
| Chicken & Leek Pie | £12.95 |
| Steak & Ale Pie | £12.95 |
| Chicken Tikka Masala | £13.95 |
| Chargrilled Pork Medallions | £12.95 GF |

retreat Marinated Skewers...

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| Teriyaki Fillet Skewer | £19.95 | Piri Piri Chicken Skewer | £16.95 |
| Sweet Chilli Chicken Skewer | £16.95 | Vegetable & Halloumi Skewer | £13.95 |

Stone Baked Pizzas...

Try one of our pizzas from our stone pizza oven.
For a full authentic flavour we roll our bases on granite and cook directly on the stone.

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| Margherita V GF | £8.50 | Goats Cheese & Roquito Pepper V GF | £10.95 |
| Chicken & Pesto GF | £10.95 | Le Reine Pizza GF | £10.95 |
| American | £10.95 | Spanish Tapas Pizza GF | £12.95 |
| American Hot | £12.50 | Tuna Nicoise Pizza GF | £12.95 |
| retreat Pizza | £14.95 | | |

Pasta Dishes...

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| Salmon & Asparagus Farfelle | £13.95 |
| Lemon & Chilli Prawn Linguine | £13.95 |
| Chicken & Pancetta Gnocchi | £14.95 |
| Goat's Cheese Fusilli Pasta | £10.95 V |
| Prosciutto & Porcini Mushroom Pappardelle | £12.95 |
| Porcini Mushroom Risotto | £10.95 V |

retreat Burgers....

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| retreat Cajun Chicken Burger | £11.95 | Lamb & Mint Burger | £12.95 |
| retreat Chicken Burger | £10.95 | venison & Marmalade Glaze Burger | £12.95 |
| retreat Beef Burger 6oz | £11.95 | retreat Wagyu Fillet Burger | £14.95 |
| Wild Boar & Chorizo | £12.95 | | |
| retreat Falafel Burger V | £9.95 | | |

Fish Dishes...

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| Baked Seabass | £16.95 GF |
| Grilled Tuna Loin | £16.95 GF |
| Garlic & Lime Crevettes | £14.95 GF |
| Battered Fish & Chips | £12.95 |
| Posh Fish & Chips | £16.95 |
| Baked Salmon Fillet | £15.95 GF |
| Grilled Halibut & Prawn Risotto | £16.95 GF |

Sides...

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| Chips & Dips - Thick cut or Skinny Fries | £2.95 | Seasonal Greens | £2.25 |
| Mixed Salad | £2.35 | Crushed New Potatoes | £3.25 |
| Onion Rings | £2.25 | Grilled Honey & Lemon Halloumi | £3.50 |
| Garlic Bread | £3.95 | Tempura Green Beans | £2.95 |

Children's Menu...

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| retreat Beef Burger | Chicken Goujons | Margherita Pizza |
| retreat Chicken Burger | Chicken & Tomato Pasta | Fish Goujons |
| All Meals £6.95 Children's Ice Cream - £1.50 | | |

Sunday Roast...

Served from 12pm, 2 & 3 course offer may not be available on certain Sundays,
please check with the team.
1 Course £12.00 / 2 Courses £16.00 / 3 Courses £20.00



We cannot guarantee our products do not contain nuts. Fish dishes may contain bones.
There is a discretionary 10% service charge added to parties of 8 and above.
retreat Diners Club Cards can only be used Sunday - Thursday on items from the main menu.
The lunch menu is excluded from these promotions.

Food allergies and intolerances
Before ordering please speak to a member of staff about your requirements